

A flat-lay photograph of various fashion accessories. In the top center is a round, lit candle in a white tin. To its left is a perfume bottle with a clear glass body and a silver cap. Below the candle is a white ceramic ring holder with several rings. In the bottom right corner, the tips of two white, pointed-toe pumps are visible. The background is a light-colored, textured surface, possibly a white cloth, with various pieces of clothing like a striped shirt and a brown fabric draped around the edges.

A simple guide
to dressing
your

*Straight
figure*

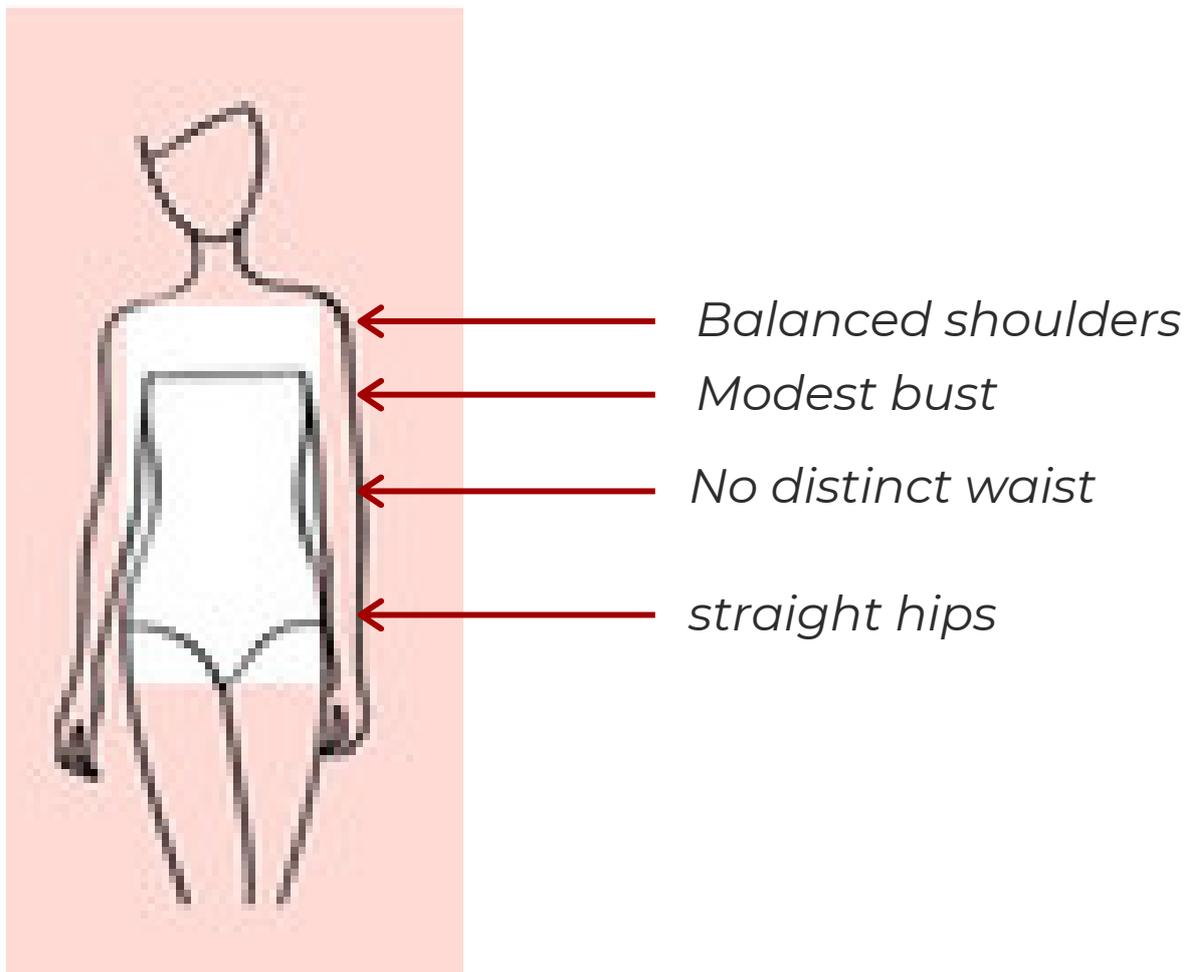
for comfort,
confidence and
style

YOUR STRAIGHT FIGURE

Understand your figure and what makes it different.

YOUR BEAUTIFUL BODY SHAPE

Wishing you had curves? Frustrated that you don't seem to fill out dresses properly? Let me tell you a secret, you have the most amount of flexibility with styles of clothes above any other body shape! Cinch in your waistline to create curves with billowy fabrics or go for longline sleek tailoring for a straight elegant silhouette. You choose!



THE STRAIGHT BODY SHAPE

DEFINED BY...

Shoulders and hips are in line with no defined waist and weight is gained evenly all over, with additional weight on the tummy due to menopause.

BEST STYLE - ANY



Relaxed
and
loose

Define
waist

Straight
and
sleek

5 STYLE TIPS

To create balance and harmony with your look



Sleek masculine lines will look amazing



Create curves with a cinched in waist



Crisp tailoring will look amazing



Soft floaty oversize fabrics will look amazing



Wrap styles will not work well on you



*A style
aesthetic for
your inspiration*



STRAIGHT FIGURE



The Menopause Stylist

Claire Causton

claire@themenopausestylist.co.uk

www.themenopausestylist.co.uk

