

A photograph of a well-organized wardrobe. On the left, there are white shelves with several light-colored storage boxes, each with a circular metal handle. In the center, a row of white and light-colored dresses hangs from a silver metal bar. Below the hanging clothes, there are white drawers with dark wood handles. At the bottom right, a pair of white high-heeled shoes is visible. The overall aesthetic is clean, bright, and minimalist.

5 STEPS TO

*Declutter*

YOUR WARDROBE

AND ACHIEVE  
WHAT-TO-WEAR

*Freedom!*

# 5 steps to Declutter YOUR WARDROBE



Have you got to the point where your wardrobe is bursting at the seams yet you have nothing to wear?

Follow these 5 simple steps I use with my clients to declutter your wardrobe and rediscover the clothes you love and want to wear, without spending a penny!

*Claire*  
xxx

## LET'S GET STARTED!

### DAY 1

does it fit today?

Hanging on to clothes and shoes you can't wear? This just makes you think you've got more to wear than you actually do. Clear out anything that doesn't fit you, be brutal. If you're not ready to donate, recycle or gift these then put them out of site for now.

### DAY 2

condition matters

How much of your wardrobe needs attention? Clear out anything that is faded, bobbed beyond help, damaged, stained or frayed. If hems are loose and buttons or heels are missing give yourself a week to get these fixed or clear them out. If you wear these you won't feel good - we don't want that!

# Declutter *5 steps to* YOUR WARDROBE

## DAY 3

do you love it?

How much of your clothes do you actually like? Ask yourself if it makes you feel good, do you like the colour, the fabric, the style and the print? Does it spark joy? If not say goodbye!

## DAY 4

the underwear drawer

Go through your underwear drawer and clear out odd socks, damaged tights, faded and frayed knickers and bras that have been over washed, gone grey and lost their support. Underwear is the foundation of every outfit, it should work for you and make you feel good - clear out anything that doesn't.

## DAY 5

organise

You're almost done! Now sort your wardrobe so that everything is easy to see and accessible, fold anything knitted or with stretch, hang everything else. Keep work, non work and evening wear in separate sections.

*Ta da!*

# Declutter *5 steps to* YOUR WARDROBE

## Congratulations

You have decluttered your wardrobe!

You now have a wardrobe full of clothes that fit well, look great on you AND you can easily see and access everything in your now neatly organised wardrobe.

Deciding what to wear tomorrow will be a breeze!

Enjoy!

*Claire*  
*xxx*

